

Calcium

Organic • Plant Sourced

Helps in the Development & Maintenance of Bones and Teeth

Benefits of a Plant-Based Diet

The number of people in North America following a plant-based diet has increased substantially in recent years because of the growing evidence supporting its incredible health benefits. A large body of scientific evidence clearly shows that the consumption of a plant-based diet is consistently associated with:

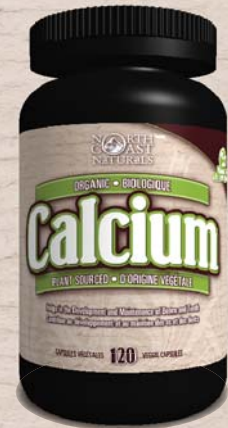
- Lower blood pressure & LDL blood cholesterol levels
- Less obesity & heart disease
- Lower incidence of stroke, diabetes, cancer and mortality
- Increased energy & overall health and well being

Meeting the Nutritional Needs of a Plant-Based Diet

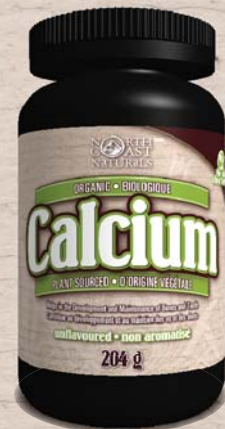
People who choose to follow a plant-based diet are often very conscious of meeting their nutritional needs. Convenient options, alternative foods and superior quality all-natural supplements that meet nutritional needs are often difficult to find. Those following a plant-based diet need sensible and convenient nutritional solutions to ensure their needs are being met, and to optimize overall health and well being.

What Makes Organic Calcium a Superior Formula?

- Whole food calcium
- Derived from the skeletal remains of a particular family of seaweeds known as “Lithothamnion Calcareum”
- Harvested from the clear Atlantic waters off the southwest coast of Ireland under exclusive license
- The seaweed is dried and milled in an ISO & HACCP Certified Organic Raw Material Manufacturing Plant
- Rich in magnesium and over 70 other trace minerals
- No seaweed smell or taste
- It is neither artificially made nor is it bonded in a lab
- Clinically studied on humans for absorption and bone density
- 102% greater calcium uptake than calcium carbonate and over 400% greater than tricalcium phosphate
- Increased absorption of Organic Calcium as shown in research is thought to be a result of the intact trace minerals and the whole food source of calcium carbonate
- From organic Irish seaweed powder**



CODE: 10014
SIZE: 120 Veggie Capsules
FLAVOUR: N/A



CODE: 10013
SIZE: 204 g (7 oz.)
FLAVOUR: Unflavoured

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120 Veggie Capsules Side Panel Text

Each Veggie Capsule Contains: Medicinal Ingredients:

Organic Calcium* (*Lithothamnium calcareum*)..... 250 mg
(from 756 mg calcium carbonate, derived from mineralized seaweed)
Vitamin D2 (from ergocalciferol) 100 IU
Vitamin C (from ascorbic acid) 15 mg

Non-Medicinal Ingredients: Vegetarian Capsule (made of cellulose, purified water), Vegetable Grade Magnesium Stearate and Rice Starch.

Recommended Use: Helps in the development and maintenance of bones and teeth.

Directions for Use: Adults: take 1-4 capsules a day. Children 4 or older; take 1-2 capsules a day.

Cautions: Consult a health care practitioner prior to use.

DOES NOT CONTAIN ANIMAL PRODUCTS, ARTIFICIAL PRESERVATIVES, FLAVOURS OR SWEETENERS.

DO NOT USE IF TAMPER EVIDENT SECURITY FEATURE IS BROKEN OR MISSING. FOR OPTIMAL FRESHNESS, KEEP OUT OF DIRECT LIGHT OR HEAT AND STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. PACKAGED ON MACHINERY THAT ALSO HANDLES POWDERED INGREDIENTS DERIVED FROM MILK, SOY, EGG, WHEAT, PEANUTS AND TREE NUTS.

204 g Powder Side Panel Text

Each 1/3 Teaspoon Contains: Medicinal Ingredients:

Organic Calcium* (*Lithothamnium calcareum*)..... 660 mg
(from 2000 mg calcium carbonate, derived from mineralized seaweed)

Recommended Use: Helps in the development and maintenance of bones and teeth.

Directions for Use: Adults: Take 1-2 servings a day. Children 4 or older; take 1 serving a day. Best mixed with 125ml of juice.

Cautions: Consult a health care practitioner prior to use.

DOES NOT CONTAIN ANIMAL PRODUCTS, ARTIFICIAL PRESERVATIVES, FLAVOURS OR SWEETENERS.

DO NOT USE IF TAMPER EVIDENT SECURITY FEATURE IS BROKEN OR MISSING. FOR OPTIMAL FRESHNESS, KEEP OUT OF DIRECT LIGHT OR HEAT AND STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. PACKED BY WEIGHT, NOT BY VOLUME. SETTLING OF POWDER OCCURS AFTER PACKAGING. PACKAGED ON MACHINERY THAT ALSO HANDLES POWDERED INGREDIENTS DERIVED FROM MILK, SOY, EGG, WHEAT, PEANUTS AND TREE NUTS.



Calcium 120 Veggie Capsules



Calcium 204 g Powder